

PRAYER

Philippians 4:6 (NIV)



Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

P is for praise

A is for admit

R is for request

T is for thanksgiving

P Praise - Begin your prayers with praise. Thank God for His goodness, for His kindness, for being the amazing Light in your life! This is where you pour your heart out to Him and tell Him how much you love Him.

A Admit— It was and is the practice of those who know God best to have a “right” relationship with Him, a “clean cup.” Confess your sins and be sure to leave “lifted.”

R Requests—This section is actually both FUN and WORK! It is a great habit to have a prayer list. It serves as a reminder to pray for those you might forget to pray for, and it is a written record of how God is working in your and others’ lives. And it is SO exciting when God does the impossible!

T Thanks—This section is a place to record both God’s answers to prayer and your affirmations to Him. Acknowledge His hand, His love, His provision. Thank Him for the small and large ways that He is working in your life.

P

A

R

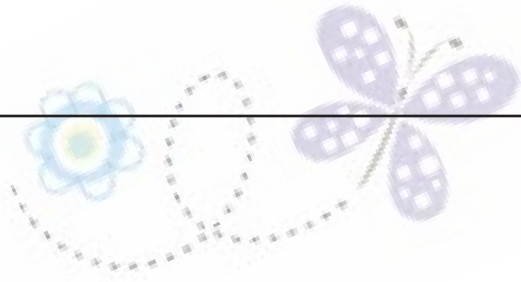
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