



8 stands of cords

8 larks head knots (attach to keyring)
(makes 16 strands)

row 1 - 4 square knots

row 2 - skip the first two and last two strands
3 square knots

row 3 - skip the first four strands
3 square knots

row 4 - skip the first 6 strands
2 square knots

row 5 - skip the first 8 strands
2 square knots

row 6 - skip the first 10 strands
1 square knot

row 7 - using the first cord, position it at an angle
double half hitch each cord

row 8 - using the first cord, position it at an angle
double half hitch each cord

row 9 - 1 square knot

row 10 - skip the first two strands
1 square knot

row 11 - 2 square knots

row 12 - skip the first two strands
2 square knots

row 13 - 3 square knots

row 14 - skip the first two strands
3 square knots

row 15 - 4 square knots

row 16 - skip the first 2 strands
* using the next 4 strands,
make the 2 outside strands the middle strands
square knot
repeat from * 2 more times

row 17 - skip the first 4 strands
repeat from * 2 times

row 18 - skip the first 6 strands
repeat from * 1 time

tie 1 knot at the end of each strand

alternate ending - double half hitch from each side to the middle
tie and double knot with the center 2 strands
Repeat again
(This makes a V shape)